

Katy Tiger Girls' Basketball

2019-2020

Player/Parent Handbook



FAMILY

Katy High School Girls' Basketball Program Philosophy

We believe athletics plays an integral part of the total educational experience for those student-athletes who choose to participate. At Katy High School, a player in the Girls Basketball Program will learn the valuable tools and character traits that will help them become successful in all areas of life. Great value is placed on winning and losing in athletics, however, it is the daily process of athletics that is important in the development of lifelong skills that these student-athletes will carry with them far beyond the basketball court and their years in high school. While participation in the Girls' Basketball Program is optional, those who wish to participate will be held accountable to the rules/policies/guidelines regarding behavior (in/out of the classroom), academic achievement and team unity. Participation in the Girls' Basketball Program at Katy High School is a *privilege* to be earned, not a right to be taken.

Goals of Katy High School Basketball Program

The Katy Girls' Basketball Program will have 2 major long term goals: 1) be a playoff caliber team at the varsity level every year; sub varsity teams compete for district titles and 2) classroom goal of 7% or higher in every class, graduate players who have the skills to succeed in their chosen career path.

Short term goals will be determined every year by team members and coaches for all teams. Short term goals may include/not limited to: Team GPA, team performance (season, district, tournament), community service events, acts of leadership and sportsmanship reflected in individual honors, etc.

Katy Girls' Basketball Theme

Each year there will be a Basketball Theme.

FAMILY

Practice Attendance

EVERY member of the Katy Girls' Basketball program is vital to its success. Practice without all of the team members present results in a compromise of team goals for that practice. Understanding that important life responsibilities arise as well, **it is expected that there be communication** that an athlete will miss practice **PRIOR TO THE BEGINNING OF PRACTICE**. Please **have your daughter** notify their coach that they will not be at practice; the sooner the better so that effective practice plans can be built. We believe this is your **daughter's** responsibility and a good lesson for them to learn in communication. Every unexcused absence from practice or lack of communication about missing practice will result in consequences (MAY result in partial or whole game suspension).

Players are expected to arrive at practice early!!! When they are tardy there will be consequences.

9A/9B will practice in the mornings starting at 6am (most days) and JV/Varsity will practice in the afternoons until 4-4:30 most days. Please **do not** drop your daughter off before 5:30 am. Please make sure a coach is here before dropping your daughter off. Coaches will be here by 5:30am.

Every player and member of the program is REQUIRED to attend all practices that coincide with school holidays, including Thanksgiving, Winter Break, New Year's Eve and Day, Martin Luther King Jr., and other holidays specific to Katy ISD.

Varsity will practice on Saturdays. Sub-varsity athletes will practice the first few Saturdays of the season.

Games

Freshmen:

The freshmen team is a developmental team. Therefore, each player will play in each game. Our goal for the freshmen level is to allow each player to play as much as possible, but the nature of the game and the large numbers on each team will not allow everyone equal playing time. Each player will earn their position and playing time in practice.

JV:

The JV is a developmental team. The approach to playing time at the JV level will be different than that of the freshmen developmental team. Each player will play in every game. By district season, we will be playing to win and not every player will be guaranteed equal playing time. It is always the coach's goal to play everyone, but this may/will not always happen. Each player's role will be defined to them and an understanding between coach and player will take place.

Varsity:

The varsity will play to win. Therefore, each and every player will not play every game. It is always the coach's goal to play everyone, but this will not always happen. Each player's role will be defined to them by the coach.

-The expectation is to support all levels through the Varsity game. The only time your daughter is allowed to leave before completion of the varsity game is if there is a family emergency.

-Players that miss a game for vacation or other reasons are subject to sit out of part to all of the next game.

-Players sitting on the bench should concentrate on the game. They should not be looking around, talking to people in the bleachers, talking with other players about things irrelevant to the game. All players should pay attention and be prepared.

Injuries

An athlete that is injured will be referred to the athletic trainers, Justin Landers and Russell Sadberry for evaluation. Depending on the location in which the athlete was injured (home/away/practice), the athlete will be evaluated by a Licensed Athletic Trainer if Coach Landers/Sadberry is not present. **ALL athletic injuries should be reported immediately by the athlete to their coach and assessed by our trainers on campus.**

Coach Landers will then refer you to the team physician or your family physician for further evaluation, if necessary. All visits to a physician require a written note allowing or denying or restricting athletic participation. The athlete will NOT be allowed to return to practice/competition until the **doctor releases her IN WRITING.** Communication with the player's coach about an injury will occur by way of the Athletic Trainer to the Coach. Players and parents should not at any time explain any injury to the coach with the expectation the coach makes a decision about the injury. The coach will not take any action until Coach Landers/Sadberry provides a release for the athlete to participate. Coach Landers/Sadberry will work with the doctor to establish a rehabilitation protocol for your daughter.

Athletes with injuries should report each school morning to the training room in the field house for treatment by 6:30 unless told differently by our trainers. If an athlete has a morning practice, then they will need to report to practice first and will then be released to the trainer if needed. These athletes may need to go to treatment after school so they don't miss any instruction from practice. Injuries DO NOT excuse athletes from practice, they are expected to be at practice (unless in rehab with Coach Landers/Sadberry), engaged in practice, and supporting teammates as they continue to recover from the injury.

****In the Fall/Spring.....you must participate in the period to be able to participate during open gym (unless you are participating in another UIL activity during the period).

Travel

As a member of the Katy Girls' Basketball team, it is expected that every player travel to and from competition with their team on the school bus. **This is a Katy ISD policy.** If there is a conflict due to another UIL or school event that occurs on the same night, the proper forms/paperwork must be submitted to the coach. This form must be submitted 24 hours in advance of the contest from which the athlete is requesting permission to leave. In the case of an immediate emergency, this will be handled by the coach and the parent on a case by case basis. Immediate emergencies require submission of paperwork and a parent signature that can be completed on site. KISD policy states that a player will **NOT** ever be released to anyone except the player's parent/guardian.

While we are traveling the players must use the buddy system. They must follow the gym rules regarding food and drink. We will NOT leave the gym or bus until all trash and equipment are picked up and accounted for.

Players should be prepared to bring food for all away matches. There may not always be a concession stand and even if so, healthy foods that are vital for athletes both pre-and post-competition may not be available. There is a refrigerator in the coach's office that is available for all athletes to use during the school day. We will also have meals that can be ordered for the season at the parent meeting so your daughter won't have to worrying about bringing food on game day.

Team Dress/Travel Dress/Team Spirit

In honor of the game of basketball and spirit of competition, **players will dress ALIKE on game days during the school days** (to be determined by the players/coach). For AWAY games – teams will dress alike and always look the same when they get off the bus. For HOME games, after sub-varsity competition, athletes will dress in Katy gear. Team Spirit – all teams will support each other during Home and Away games. Teams will sit TOGETHER either behind or in front of the Team Bench before and after their game. Teams will shoot at halftime (looking alike) of the game before theirs IN GAME SHOES. Coaches will direct athletes to the locker room at a designated time to begin pre-game preparations.

Electronic Devices

The use of electronic devices inside of ANY locker room is strictly prohibited AT ALL TIMES. Any photos/video taken in the locker room are subject to disciplinary action by Katy ISD according to the Student Code of Conduct.

- On Game Days (Home) – it is permissible to use electronic devices to listen to music during the game prior while sitting in the stands. It is **NOT** permissible to use an electronic device for phone calls/text messaging/etc. once the athlete is in the stands. She is there to watch/learn from the other games. Once in the locker room for pre-game - ALL electronic devices must be turned **OFF** and remain off until after post-game and athlete dismissal.
- On Game Days (Away) – electronic devices for LISTENING TO MUSIC may be used during travel TO and FROM a contest while on the bus (unless the coach gives different direction). The use of electronic devices for phone calls/text messaging/etc. is prohibited while on the bus. The use of these devices is also acceptable in the stands for MUSIC ONLY.

Halftime shooting – electronics are unacceptable. Electronic devices must be turned OFF once inside the locker room for pre-game preparation and post-game talks.

Quitting

An athlete should think long and hard before saying "I Quit." It is advised that an athlete counsel with her parents and the coaching staff before a final decision is made. This staff will give a 24 hour grace period for reflection. Once a player chooses to turn in her uniform (after counsel and the 24 hour grace period) – the player's decision will be accepted by the staff and will be considered final.

Athlete Code of Conduct

1. All student-athletes are expected to adhere to the Katy ISD Discipline Management Plan and Student Code of Conduct. However, higher standards of conduct are expected of students representing the District in extracurricular activities which are considered a privilege. Students will be asked to sign a written contract agreeing to adhere to a higher standard of conduct.
2. Students who violate the Katy ISD Discipline Management Plan and Student Code of Conduct will be assessed appropriate disciplinary consequences for the infraction by KHS Administration. Disciplinary infractions/consequences may also result in an athlete's dismissal from the team and/or limited participation in the activity. If the disciplinary action or level of offense violates the higher standards of conduct specified by the student's extracurricular contract, this infraction may also result in limited participation and/or dismissal from the team.
3. Any member of the Katy Girls' Basketball Team (or other campus club they are a part of ie: band, NHS, Student Council, etc.) representing themselves and/or their team in an unfavorable, questionable, or illegal manner and/or through electronic media (websites, personal home pages, blogs, text messages, chat rooms or website/files accessible through a server or internet....facebook, snap chat, instagram, etc...) or using electronic communication devices in such a way as to bring discredit, dishonor, or disgrace to their team or its members (camera phones, digital photos, electronic descriptions) will be subject to disciplinary actions. Any negative/ or derogatory comments towards coaches, players, and opponents will not be allowed. Profanity and inappropriate posts are not allowed and consequences for breaking these guidelines will be determined by appropriate school administration and/or the Campus Athletic Coordinator and/or coaching staff, which may include limited playing time, probation or dismissal from the team. Players are encouraged to use social media by only sending positive messages and images.

4. As a member of the basketball team, the academic requirement for participation is a grade of 70 or higher in ALL classes at the end of the 6 week grading period. A player who fails to achieve a grade of 70 in all classes (INCLUDING virtual and online classes) will be ineligible for competition for 3 weeks per the UIL no pass/no play requirement and calendar. The ineligibility begins seven calendar days after the end of the 6 weeks grading period. If a player is passing ALL classes with a grade of 70 or higher at the end of the 3 week no pass/play then she is eligible for competition. If the ineligible athlete has a grade below 70 in any class at the 3 week period, she remains ineligible for 3 more weeks. **An athlete who fails to achieve a 70 in ALL classes for 2 consecutive 6 week grading periods will be subject to dismissal from the team in order to work on her academic life.** Academics is the FIRST priority. (exception to no pass/no play approved by the School Board and the Texas Education Agency are “Advanced courses” – they are exempted from no pass/no play and therefore a grade lower than 70 in that specific class is exempt from the probationary period)
5. A player who becomes ineligible will be on academic probation via the Katy Girls’ Basketball Program. The player will be required to practice with the team and continue to meet all expectations of the basketball program, but will not be allowed to participate in athletic competition or performance during the probationary period, may not appear in uniform, travel with the team or sit on the bench during the contest. The student-athlete will be placed on a mandatory tutoring schedule for the 3 week period following the failing grade.
6. A player that repeats the failure to meet the academic requirement per the UIL on the following report card, has numerous failures on the subsequent report card, or combinations thereof is subject to suspension or removal from the Katy Girls’ Basketball Program. Repeated failure of any class/classes indicates the student needs more time to prepare for each of her academic classes therefore requiring more time commitment to her studies. It is an expectation that all student athletes progress toward graduation.
7. Our athletes should take the responsibility and behavior of the classroom very seriously. Our athletes know they represent not only themselves, but their teammates, coaches, the program, their family, and the community. If they do not behave in the classroom and we hear from their teacher then there will be consequences from us.
8. CONSEQUENCES OF FAILING TO MEET ABOVE EXPECTATIONS: Failure to meet any of these expectations could result but is not limited to: individual reminder drills, team reminder drills, conference with the player and direct coach, player and head coach, limited playing time, suspension from competition/team functions, suspension from team travel, and/or removal from the team and Girls’ Basketball Program.

Parent Communication and Support

1. Parents and coaches should maintain a professional relationship.
2. **Parents are asked not to communicate with their daughter during competition/play.** This includes the pre-game time, the game itself, and the post-game talk. Undivided attention of the athlete is expected so she can clearly understand directions/schemes/calls/etc. given by the coaches.

3. If your daughter is upset with her position, playing time, or with any other matter concerning basketball, we ask that you encourage your daughter to talk with her coach. Since we are there with them in every practice and game, we would like to have the opportunity to talk to them if the need arises. *If after that discussion you would like to come and talk with us, please feel free to email/call to set up an appointment with us.*

Please do not approach coaches in a negative manner after any practice or game. Remember you are not only representing your daughter, but the KHS basketball program as well. The coaching staff requests that parents take into consideration that emails, phone calls, and/or direct communication within 12 hours of competition is too soon for effective troubleshooting/communication, except in the case of an emergency.

4. Players must be in attendance for all player/parent/coach conferences.
5. During the player/parent/coach conferences – **no other player or parent will be discussed.** Playing time can be addressed – however, practice performance will also be discussed.
6. The Basketball Staff will provide information regarding the basketball program, calendars, schedules, travel times/departures, tournaments, etc. via the email distribution list, Rank One, and your daughters
7. **Parents/Supporters of Katy Girls' Basketball Players:**
 - Be POSITIVE with your daughter in all facets of the basketball program. When/if negativity creeps in, encourage or request a conference so negativity will not continue and misery will not prevail.
 - Assure your daughter that her **ROLE is IMPORTANT** (starters vs. non-starters)
 - SUPPORT the coaches. Decisions about players are based on performance, not bias. Encourage your daughter to follow the team rules (grades, discipline, classroom behavior, drinking, curfew, etc.). They are setting an image for themselves, you, the basketball program at KHS and KHS itself. They REPRESENT a lot!
 - Insist your daughter do her BEST in the CLASSROOM. We will do the same.
 - Parents are a part of this team, too. Envy, jealousy, negativity concerning other players and/or parents creates negative distractions AND will certainly evolve into failure on many different levels. Please don't get caught up in drama! We will always do our best to minimize drama among the girls!
 - Be RESPECTFUL of this coaching staff's PROFESSION.
 - Be an ENTHUSIASTIC fan for our team and our opponent. Display pride and class during competition. **Degrading opposing coaches, fans, players, and OFFICIALS will not be tolerated.**
 - Expect your daughter to take responsibility for HER PART of HER TEAM'S actions and performances, both positive and negative. ***Eliminate the excuses and learn from the mistakes.***
 - Strive to understand the importance of the **TEAM** concept. When we ALL believe, ALL things are possible.

Lettering Policy

All consideration will be based on the recommendation of the coach. General guidelines for players are as follows:

1. Participate in at least 50% of all varsity contests.
2. Practice attendance, eligibility, sportsmanship, and commitment to the team will be considered.
3. Senior recognition: a senior who has been a member of the Katy Basketball program for her 4 years of high school but fails to qualify for a letter based on the 50% participation may be recommended by the Head Coach to receive a letter.
4. Athletic injury: in the event that a player is injured during the season and is not able to participate for the remainder of the season, may be recommended for a letter by the Head Coach.
5. Student Assistants (managers): a student assistant must complete 2 years in the Katy Girls' Basketball Program (one of which she must be a Student Assistant for the Varsity Team) to become eligible to letter and based on recommendation of the Head Coach.

Dual Sport Athletes and Club Sports

Dual Sport Athletes:

Athletes are encouraged to participate in ALL the sports they wish during their 4 years of High School. COMMUNICATION is vital for all parties. (player, parents, coaches) If there is little or no communication then participation in more than one sport may prove to be impossible and we don't ever want that to happen. The sport that comes first in the school calendar is the sport that takes precedence. IE: volleyball precedes basketball which precedes soccer. Basketball players who play volleyball will complete all commitments to the volleyball program prior to starting her basketball season. Basketball players who play another sport after basketball will complete all commitments to the basketball program prior to starting their next sport. In the case of an individual sport, the team sport takes precedence simply due to the nature of the sport. Individual sport athletes can and should participate, but before or after school. The athletic period will be basketball. In any situation, a competition or game for the school will always trump a practice. The coaches will communicate with each other in regard to: the athletic policy, sport in precedence and develop a plan. The player(s) WILL NOT BE the "go between" for the coaches. The head basketball coach will have final say in whether or not a player is excused from basketball due to another UIL sport or competition.

Club Sport Athletes:

It is not the intention of the head coach to prohibit any club sport participation during the basketball season. As long as the club sport does not interfere with Katy Girls' Basketball in any way, then it is an athlete's decision to participate in a club sport. **It is the head coach's job to promote, protect and coach the Katy Girls' Basketball Teams to the best of my ability in order to reach our full potential.** The head coach will put this program above all outside activities (Non-UIL) that might be detrimental to our success. I trust that our athletes and parents will always consider the impact, both mental and physical, that outside participation has on an athlete, their team, and the basketball program. It is the head coach's job and obligation to make Katy Girls' Basketball one of the best in the District, Area, Region and State.

The following guidelines will be enforced:

1. If a player misses a **Katy Basketball PRACTICE for an outside sport**, the player is subject to a make-up practice prior to the next game and/or a possible partial game suspension.
2. If a player misses a **Katy Basketball GAME for an outside sport**, the player will have consequences and could be suspended for part or all of the next game (Coach's discretion).

Please note, that should these things occur on more than one occasion, the coach reserves the right to take additional disciplinary action for violating the Club/Outside Sport Policy. A basketball team member that is found to have been untruthful about participation in outside/club sports and missing Katy Basketball practices/games will be subject to more stringent disciplinary action than would normally be imposed and could be subject to dismissal from the Katy Basketball Program. Again, communication is vital!

Amateur Athletic Rule

Student-athletes in grades 9-12 shall not:

1. Accept any valuable consideration as an award for winning or placing in an athletic contest. Valuable consideration is defined as anything wearable, usable or sellable, and includes such items as t-shirts, hamburger coupons, free or reduced rate tennis racquets, etc.
2. Accept valuable consideration for teaching or coaching any UIL sport, except beginning swimming or lifesaving lessons.
3. Accept valuable consideration for allowing their name to be used for advertisement of a product, plan or service.
4. Accept any special service or benefit offered only to athletes or members of an athletic team

Fundraising and Concessions

Each Katy Girls' Basketball Team member will play a role in fundraising for the Katy Athletic Booster Club. KABC is a huge supporter of our basketball program and provides a lot for us when our budget doesn't cover what we need. In return, we will help with the golf fundraiser in June and the football program ad sales starting in April. You can also become a member of our booster club by going online at www.katyabc.org or filling out the paperwork at the parent meeting. Jen Geiman is our booster club parent rep and attends all meetings for us. Thank you, Jen! Your involvement and membership is needed and appreciated!

You will be required to work **2 times** in the concession stand during our home games. You will need to sign up with **Samantha Ridenhour** during our parent meeting. If you fail to sign up then you will be added onto the list and contacted by **Samantha Ridenhour**. This is something that all parents need to help out with! Thank you for putting in the time and for helping our booster club president, Becky Frankum, with this! Thanks also to **Mrs. Ridenhour** for organizing this effort!

Athletic Gear and Laundering

Each player will be issued several hundred dollars of basketball gear: uniforms, wind suits, pre-game shooting shirts, sweat shirts, practice gear, and game bags. It is each player's responsibility to take care of Katy High School/Girls' Basketball gear. Consequences will be given if a player is not dressed in the correct practice or game clothing. A player will be financially responsible for lost equipment. All equipment is purchased as a set and will have to be replaced as so.

Please follow this protocol regarding equipment:

Athletes should report any issues when/if they arise.

1. Game uniforms/wind suits/bags are only to be used/worn on game days.
2. All Katy HS issued gear is the responsibility of the athlete – it is to be returned, used but without rips, tears, string missing, discolored, etc.
3. All items will be paid for in WHOLE if the gear is not turned in or it cannot be used due to destruction.
4. To take the best care of issued gear:
 - a. Launder game gear immediately after each wearing
 - b. Launder using COLD water and HUNG to dry (do not use metal hangers – which rust)
 - c. Use a mild detergent
 - d. Do not use a bleach product/brighteners/fabric softeners
 - e. Do not dry clean any issued gear
 - f. Be sure that all garments are dry before putting into an athletic bag

- g. Be cautious of any Velcro – when washing garments the Velcro will stick and cause tearing/ripping of the garment. Close all Velcro before washing and drying to prevent snagging and pilling of fabric.
- h. If you notice the dri fit clothing begins to smell even after being washed, add a 1/4 – 1/2 teaspoon of vinegar to the detergent to eliminate the smell.

Coach's Contact Info:

| | | | |
|-------------|-----------------|----------------------------------------------------------------------------|--------------|
| Head Coach: | Shanna Marhofer | shannamarhofer@katyisd.org | 832-722-7535 |
| JV Coach: | Mitchel Etzel | mitcheletzel@katyisd.org | |
| Freshmen A: | Emily Mital | emilygmital@katyisd.org | |
| Freshmen B: | Kalyn Paceley | kalynpaceley@katyisd.org | |



SIGNATURE PAGE

2019-2020

This form must be signed and returned to the Head Coach prior to the first game of the year, Nov. 2, 2018.

Student-Athlete Section

I have read and understand all parts of the Katy High School Girls' Basketball player/parent handbook. As a student in the Katy Independent School District and a member of the Basketball team, I will abide by all state policies, guidelines, and rules of the Katy High School Basketball program and the Katy ISD.

My signature signifies that I have read all parts of the Player/Parent Handbook and will abide as such.

Student Name (print) : _____

Student Signature: _____

Date: ____/____/____

Parent-Guardian Section

As the parent/guardian of _____ I have read and understand all parts of the Katy High School Girls' Basketball player/parent handbook. We have discussed the requirements, responsibilities, and rules together and understand the contents of the Player/Parent Handbook.

I agree to support and uphold the policies, guidelines, and rules of the Katy High School Basketball Program and the Katy ISD.

Parent/Guardian Name (print): _____ Signature: _____

Parent/Guardian Name (print): _____ Signature: _____

Date: ____/____/____

Photo Release Information

- Information/photos of my daughter while participating on the Katy Girls' Basketball Team may be used for news releases and publications.
- Photos of group/team only. No name may be released for publication

Parent/Guardian Name (print): _____ Signature: _____

Date: ____/____/____